What is claimed is:

1. A method of isolating a compound of formula I or its enantiomers from an appropriate sample comprising the steps of:

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$$\begin{array}{c} \text{CH}_3\text{O} & \text{OH} \\ \text{HSO}_3\text{O} & \overset{\star}{\underbrace{(\pm)}} & \\ & I & \\ & & \end{array}$$

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a) collecting the sample from a patient wherein the patient has been administered a therapeutically sufficient amount of (+)- α -(2,3-dimethoxyphenyl)-1-[2-(4fluorophenyl)ethyl]-4-piperidinemethanol;

c) isolating the compound of Formula I or at least one enantiomer from the sample.

b) optionally preparing the sample for isolation of the compound of Formula I or its

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2. A method according to claim 1 wherein the sample is plasma.

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3. A method according to claim 1 wherein the sample is urine.

enantiomers; and

4. A method according to claim 1 wherein isolating is by chromatography.